

Praying the Psalms

“Trust in him at all times, you people. Pour out your heart before him. God is a refuge for us.”

PSALM 62:8, WEB

HOW TO START

- 1 One psalm a day, read aloud.
- 2 Find the line that is yours today; pray it back.
- 3 If it doesn't fit you, pray it for someone it fits.

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